

A WARRIOR'S WAY SCHEDULE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
8:20-8:50 AM	Warrior Fitness	8:20-8:50 AM	Warrior Kickboxin			8:20-8:50 AM	Warrior Kickboxin	8:20-8:50 AM	Warrior Fitness		
		9:15-10:00 AM	Boise Self Defense			10:00-10:45 AM	HS PE Warriors			10:00-10:40 AM	Warrior Kickboxin
11:00-11:30 AM	Warrior Fitness	11:00-11:30 AM	Warrior Kickboxin	11:00-11:30 AM	Warrior Fitness	11:00-11:30 AM	Warrior Kickboxin	11:00-11:30 AM	Warrior Fitness		
12:15-12:45 PM	Warrior Fitness	12:15-12:45 PM	Warrior Kickboxin	12:15-12:45 PM	Warrior Fitness	12:15-12:45 PM	Warrior Kickboxin	12:15-12:45 PM	Warrior Fitness	Coming	Soon!
2:30-3:15	HS TKD			2:30-3:15	HS TKD						
		3:30-4:00	Lil Warriors			3:30-4:00	Lil Warriors				
3:30-4:15	TKD			3:30-4:15	TKD						
4:15-5:00	Warrior Fitness	4:15-5:00	Warrior Kickboxin	4:15-5:00	Warrior Fitness	4:15-5:00	Warrior Kickboxin	4:15-5:00	Warrior Fitness	Coming	Soon!
5:00-5:45	TKD	5:00-5:45	TKD	5:00-5:45	TKD	5:00-5:45	TKD	5:00-5:45	Warriors Club		
5:50-6:30	Warrior Fitness	5:50-6:30	Warrior Kickboxin	5:50-6:30	Warrior Fitness	5:50-6:30	Warrior Kickboxin	5:50-6:30	Warrior Fitness		
7:00-9:00	Boise Jiu-Jitsu	7:00-9:00	Boise Jiu Jitsu	7:00-9:00	Boise Jiu Jitsu	7:00-9:00	Boise Jiu Jitsu				

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Boise Self Defense Company
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